## **BMC Genomics**



Research article Open Access

### Activation of peroxisome proliferator-activated receptor alpha in human peripheral blood mononuclear cells reveals an individual gene expression profile response

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Published: 2 June 2008

BMC Genomics 2008, 9:262 doi:10.1186/1471-2164-9-262

This article is available from: http://www.biomedcentral.com/1471-2164/9/262

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Received: 12 March 2008 Accepted: 2 June 2008

#### **Abstract**

**Background:** Peripheral blood mononuclear cells (PBMCs) are relatively easily obtainable cells in humans. Gene expression profiles of PBMCs have been shown to reflect the pathological and physiological state of a person. Recently, we showed that the nuclear receptor peroxisome proliferator-activated receptor alpha (PPAR $\alpha$ ) has a functional role in human PBMCs during fasting. However, the extent of the role of PPAR $\alpha$  in human PBMCs remains unclear. In this study, we therefore performed gene expression profiling of PBMCs incubated with the specific PPAR $\alpha$  ligand WY14,643.

**Results:** Incubation of PBMCs with WY14,643 for 12 hours resulted in a differential expression of 1,373 of the 13,080 genes expressed in the PBMCs. Gene expression profiles showed a clear individual response to PPAR $\alpha$  activation between six healthy human blood donors. Pathway analysis showed that genes in fatty acid metabolism, primarily in  $\beta$ -oxidation were up-regulated upon activation of PPAR $\alpha$  with WY14,643, and genes in several amino acid metabolism pathways were down-regulated.

**Conclusion:** This study shows that PPAR $\alpha$  in human PBMCs regulates fatty acid and amino acid metabolism. In addition, PBMC gene expression profiles show individual responses to WY14,643 activation. We showed that PBMCs are a suitable model to study changes in PPAR $\alpha$  activation in healthy humans.

#### **Background**

The function of the nuclear receptor peroxisome proliferator-activated receptor alpha (PPAR $\alpha$ ) has been studied extensively from the time of its discovery in the early 1990s [1]. PPAR $\alpha$  is a ligand activated nuclear receptor, which is known to be activated by free fatty acids and their derivatives [2,3]. Besides fatty acids, several synthetic compounds are available that specifically activate PPAR $\alpha$ , including hypolipidemic drugs, such as fibrates and pirinizic acid (WY14,643) [4]. Synthetic PPAR $\alpha$  agonists mimic effects of dietary unsaturated fatty acids on hepatic gene expression in terms of regulation of target genes and molecular mechanism [5]. Activation of PPAR $\alpha$  with WY14,643 in mice showed that the main function of PPAR $\alpha$  in liver is the regulation of lipid metabolism, and more specifically fatty acid  $\beta$ -oxidation [6]. PPAR $\alpha$  was

also found to be involved in regulation of amino acid metabolism [7] and inflammation [8,9]. In humans, the function of PPARα is examined less thoroughly, because functional studies are more complicated. There is no human genetic disease linked to a dysfunctional PPAR $\alpha$ gene and tissue sampling is often not feasible in healthy volunteers. Blood is one of the few tissues which is readily available in healthy humans. Peripheral blood mononuclear cells (PBMCs) are relatively easily obtainable by isolation from blood. These cells consist of lymphocytes and monocytes/macrophages and it is known that PPARα is expressed in these cells [10,11]. The use of PBMCs has proven to be highly robust in distinguishing a disease state from healthy state, by studying gene expression profiles of these cells [12,13]. Recently, we showed that PBMC gene expression profiles of healthy volunteers can also reflect changes between 24 and 48 hours fasting, when plasma fatty acid concentrations are elevated. In addition, we showed that PPARa seems to have a functional role in human PBMC during fasting as several of the genes changed upon fasting were also changed upon incubation of PBMC with the specific PPARa agonist WY14,643 [14]. However, the extent of the role of PPARα in human PBMCs remains unclear. Therefore, we tried to elucidate the function of PPARα in human PBMCs by whole genome microarray analysis of the PBMCs incubated with the specific PPARα ligand WY14,643. Furthermore, to examine the complete role of PPARa within PBMCs during fasting, we compared microarray analysis of PBMCs activated with WY14,643, with microarray analysis of PBMCs during 24 hours of fasting.

# Results PPAR $\alpha$ regulation in PBMCs after incubation with WY14,643

Incubation of PBMC with the specific PPAR $\alpha$  ligand WY14,643 for 12 hours resulted in a differential expression of 1,373 of the 13,080 genes expressed in the PBMCs, indicating a PPAR $\alpha$ -dependent regulation of 10.5% of the genes expressed in PBMC (Figure 1). More than half of these genes (56%) were up-regulated. Pathway analysis of the genes changed upon activation of PPAR $\alpha$  with WY14,643, showed a marked increase in fatty acid metabolism, primarily in  $\beta$ -oxidation, and a decrease in several amino acid metabolism pathways (data not shown).

A peroxisome proliferator response elements (PPREs) was ascribed to 106 out of the 1,373 genes changed, using the study of Lemay  $et\ al\ [15]$ . Of these genes, 75 were up-regulated and 31 were down-regulated (Figure 2). Figure 2 shows the responses to activation of PPAR $\alpha$  for each person by illustrating the changes in gene expression of these 106 genes per individual. For several genes a clear variation in response upon PPAR $\alpha$  activation between individuals is present. Donor B and, especially, donor E show an

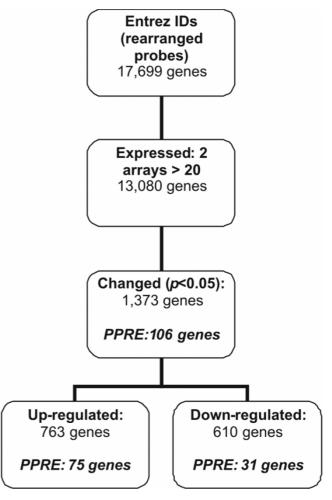


Figure I
Gene selection procedure after microarray analysis of WY14,643 incubated PBMCs. Flow chart of the followed gene selection procedure after microarray analysis of WY14,643 incubated PBMCs from 6 donors. PPRE; number of genes containing a peroxisome proliferator response element according to Lemay et al.

obvious distinction from the other donors. However, no difference could be found in the expression of  $PPAR\alpha$  between the donors at basal level, and also after incubation with WY14,643 no change in expression of  $PPAR\alpha$  was observed (data not shown). Another reason for the variation could be the difference in concentration of the PPAR $\alpha$  ligands, i.e. fatty acids, and other nutritional factors present in the blood during donation. Blood donors are commonly advised to eat before donating blood. To investigate whether the nutritional status influences changes in gene expression, we incubated PBMCs of four volunteers, obtained after a meal and after an overnight fast, with WY14,643. Using QPCR, we determined the changes in PBMC gene expression of genes that showed either a low (PDK4, SLC25A20, ACAA2) or a high varia-

HAMP	Gene Description Hepcidin precursor (Liver-expressed antimicrobial peptide)	Entrez ID N 57817	1ean FC -1.40	p-value PPRE 0.00076 predicted	SLR A SLR	B SLRC S	SLR D SLR E	E SLR F
PTX3	Pentraxin-related protein PTX3 precursor	5806	-1.31					
KCTD12	BTB/POZ domain-containing protein KCTD12	115207	-1.33	0.00037 predicted				
EB2 PAK1IP1	Zinc finger E-box-binding homeobox 2 p21-activated protein kinase-interacting protein 1 (PAK1-interacting protein 1)	9839 55003	-1.28 -1.21					
CCL23	Small inducible cytokine A23 precursor	6368	-1.20	0.03667 predicted				
CCL19	Small inducible cytokine A19 precursor	6363	-1.20	0.02586 predicted				
NR1H3	Oxysterols receptor LXR-alpha (Liver X receptor alpha)	10062	-1.23					
RRAS ZD2	Ras-related protein R-Ras precursor (p23) Frizzled-2 precursor	6237 2535	-1.16 -1.23	0.01775 predicted 0.01046 predicted				
ATPAF1	ATP synthase mitochondrial F1 complex assembly factor 1 isoform 1 precursor	64756	-1.16					
TSJ2	Putative ribosomal RNA methyltransferase 2	29960	-1.16	0.01201 predicted				
OB1	Tob1 protein (Transducer of erbB-2 1)	10140	-1.14					
tspBP1 D68	Hsp70-binding protein 1 (Heat shock protein-binding protein 1)  Macrosialin precursor (CD68 antigen)	23640 968	-1.13 -1.15					
PAQR4	Progestin and adipoQ receptor family member 4	124222	-1.12	0.01269 predicted 0.04328 predicted				
14orf4	RING finger protein C14orf4	64207	-1.14					
MADM	Myeloid-associated differentiation marker	91663	-1.14	0.00947 predicted				
MRPL48	39S ribosomal protein L48, mitochondrial precursor	51642	-1.11	0.03522 predicted				
TAG3 MARVELD1	Cohesin subunit SA-3 MARVEL domain containing 1	10734 83742	-1.24 -1.18					
RRT2	proline-rich transmembrane protein 2	112476	-1.14					
BC1D9	TBC1 domain family, member 9 (with GRAM domain)	23158	-1.18	0.00424 predicted				
AM35A	Protein FAM35A	54537	-1.13	0.04945 predicted				
IUP62 VTAP	L-amino-acid oxidase precursor Wilms' tumor 1-associating protein	259307 9589	-1.10 -1.11					
GK2	Serine/threonine-protein kinase Sgk2	10110	-1.11					
CNY	Cyclin fold protein 1 (Cyclin box protein 1)	219771	-1.09	0.04023 predicted				
LEU1	deleted in lymphocytic leukemia,1	10301	-1.10	0.03335 predicted				
DF DF	Peptide deformylase, mitochondrial precursor	64146 84342	-1.09 -1.09					
2CG	Peptide deformylase, mitochondrial precursor IQ domain-containing protein G	84223	1.10					
BA2	Non-lysosomal glucosylceramidase	57704	1.12					
GFBR2	TGF-beta receptor type-2 precursor	7048	1.13	0.02284 predicted				
LC25A28	Mitoferrin-2 (Mitochondrial iron transporter 2)	81894	1.14					
ISCH ASTK	nischarin Fas-activated serine/threonine kinase	11188 10922	1.17					
OLD4	DNA polymerase subunit delta 4	57804	1.11	0.03927 predicted				
GR	Proto-oncogene tyrosine-protein kinase FGR	2268	1.14	0.01256 predicted				
LDN15	Mitochondrial fission 1 protein	24146	1.13	0.02469 predicted				
PS2 MEM43	G protein pathway suppressor 2 Transmembrane protein 43	2874 79188	1.17					
APBP	Tapasin precursor	6892	1.18					
PR174	Probable G-protein coupled receptor 174.	84636	1.12	0.03679 predicted				
INS1	lines homolog 1	55180	1.19					
OLG2	DNA polymerase subunit gamma 2	11232	1.19					
OC168455 IFPH4	hypothetical protein LOC168455 Putative HIF-prolyl hydroxylase PH-4	168455 54681	1.19					
1 orf162	Uncharacterized protein C1orf162.	128346	1.19	0.00462 predicted				
IPHP4	Nephrocystin-4 (Nephroretinin).	261734	1.23					
TUD5	OTU domain-containing protein 5.	55593	1.11					
RIH2	Protein ariadne-2 homolog	10425 199746	1.12					
IZAF1L4 KAP8L	U2 small nuclear RNA auxiliary factor 1-like 4 isoform 2 A-kinase anchor protein 8-like (	26993	1.13					
YP27B1	25-hydroxyvitamin D-1 alpha hydroxylase, mitochondrial precursor	1594	1.15	0.00400 predicted				
BY1	Protein Chibby	25776	1.18	0.00107 predicted				
PARG	Peroxisome proliferator-activated receptor gamma	5468	1.20	0.00669 predicted				
NITF XNIP	Microphthalmia-associated transcription factor Thioredoxin-interacting protein	4286 10628	1.15 1.15					
1AA0467	Uncharacterized protein KIAA0467	23334	1.18					
XCL16	Small inducible cytokine B16 precursor	58191	1.17	0.00739 predicted				
/MO1	Vitelline membrane outer layer protein 1 homolog precursor	284013	1.20					
SPIBb NSIG1	glycoprotein lb beta polypeptideprecursor	2812 3638	1.18					
CML1	Insulin-induced gene 1 protein Sex comb on midleg-like protein 1	6322	1.13					
CRC	ACRC protein	93953	1.21					
LR4	Toll-like receptor 4 precursor	7099	1.23					
15orf17	Uncharacterized protein C15orf17	57184	1.16					
RRFI1 MAT1	ERBB receptor feedback inhibitor 1 zinc finger, matrin type 1 isoform 1	54206 84460	1.19 1.18	0.00438 predicted 0.00535 predicted				
ESK2	Dual specificity testis-specific protein kinase 2	10420	1.20					
KT1S1	Proline-rich AKT1 substrate 1	84335	1.23	0.00185 predicted				
ACH1	Transcription regulator protein BACH1	571	1.19	0.00544 predicted				
0S2 IBOAT5	Putative lymphocyte G0/G1 switch protein 2  Membrana hound C. acultransforase domain containing protein 5	50486 10162	1.25					
BCA1	Membrane-bound O-acyltransferase domain-containing protein 5 ATP-binding cassette sub-family A member 1	10162	1.26					
D36	Leukocyte differentiation antigen CD36	948	1.29	0.03259 predicted				
YP1A1	Cytochrome P450 1A1	1543	1.26	0.02995 predicted				
LCF1	Cardiotrophin-like cytokine factor 1 precursor	23529	1.15					
APN3 MAD3	Neutral alpha-glucosidase C Mothers against decapentaplegic homolog 3	825 4088	1.18					
MP19	Matrix metalloproteinase-19 precursor	4327	1.22					
PT1B	Carnitine O-palmitoyltransferase I, muscle isoform	1375	1.23	0.00272 predicted				
THL1	acid trehalase-like 1	80162	1.27					
P1G2 SP52	Junctophilin-4 (Junctophilin-like 1 protein). PAB-dependent poly(A)-specific ribonuclease subunit 2	8906 9924	1.19	0.00136 predicted 0.00012 predicted				
SPYL2	TSPY-like 2	64061	1.21					
DC54540	hypothetical protein LOC54540	54540	1.27	0.00049 predicted				
LA2G4B	Cytosolic phospholipase A2 beta	8681	1.16					
.11RA LC25A34	Interleukin-11 receptor alpha chain precursor solute carrier family 25, member 34	3590 284723	1.19					
EGFA	Vascular endothelial growth factor A precursor	7422	1.22	0.00807 predicted				
ANFKBH	T-cell activation NFKB-like protein	84807	1.29	0.00236 predicted				
MEM185A	Transmembrane protein 185A	84548	1.25	0.01367 predicted				
XF1	Nuclear RNA export factor 1	10482	1.35					
SAD Yorf15B	Cysteine sulfinic acid decarboxylase lipopolysaccaride-specific response 5-like protein	51380 84663	1.37					
PP1	Inpoporysaccaride-specific response 5-like protein Tripeptidyl-peptidase 1 precursor	1200	1.42	0.00046 predicted 0.03811 predicted				
FRS16	Splicing factor, arginine/serine-rich 16	11129	1.44					
MEM135	Transmembrane protein 135	65084	1.66	0.00142 predicted				
CAA2	3-ketoacyl-CoA thiolase, mitochondrial (Acetyl-CoA acyltransferase)	10449	1.46	0.00002 predicted				
LC25A20	Mitochondrial carnitine/acylcarnitine carrier protein (Carnitine/acylcarnitine translocase)	788	1.52					
CADVL DFP	Very-long-chain specific acyl-CoA dehydrogenase, mitochondrial precursor  Adipophilin (Adipose differentiation-related protein)	37 123	2.06					
DK4	Pyruvate dehydrogenase kinase 4	5166	4.72					
ABP4	Fatty acid-binding protein, adipocyte	2167	13.89					

Figure 2
Genes changed after incubation with WY14,643, containing a predicted or reported PPRE. Heatmap of the signal log ratio of genes changed upon incubation with WY14,643 that contained a predicted or reported PPRE. Red indicates up-regulation compared to the vehicle incubated PBMCs and green indicates down-regulation. SL R, signal log ratio; PPRE, peroxisome proliferator response element

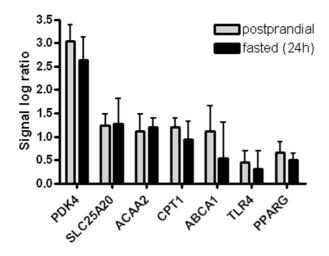


Figure 3
Gene expression changes of PBMCs incubated with WY14,643 isolated postprandial or after an overnight fast. Mean gene expression changes of PBMCs incubated with WY14,643, isolated postprandial or after an overnight fast. Error bars indicate standard deviations. PDK4, Pyruvate dehydrogenase kinase 4; SLC25A20, carnitine-acylcarnitine translocase; ACAA2, acetyl-Coenzyme A acyltransferase 2; CPT1, Carnitine palmitoyltransferase 1; ABCA1, ATP binding cassette transporter 1; TLR4, Toll-like receptor-4; PPARy, peroxisome proliferator-activated receptor gamma.

tion (*CPT1*, *ABCA1*, *TLR4*, *PPARy*) between donors in the microarray analyzes of the first study (Figure 3). No significant differences were observed in gene expression between the fasted and postprandial state.

To analyze whether the genes that did not have a PPRE according to Lemay *et al.* might have other transcriptional binding sites, a network analysis and a subsequent transcription factor binding site search with Genomatix software was performed. The network analysis showed that, besides the transcription factor PPAR, the transcription factors NFkB, JUN, TP53, SP1 and CTNNB1 were also directly linked to at least 10 genes from the list of 1,373 genes, The subsequent search for binding sites resulted in an additional 122 genes that could be linked to a PPRE and revealed that another 371 genes could be linked to at least one of the other selected transcription factors (see Additional file 1).

To obtain a selection of robust responding genes upon activation of PPAR $\alpha$  with WY14.643, genes were selected that were more than 10% up or down regulated in all donors. This resulted in a list of 58 genes, including several known PPAR $\alpha$  target genes (*ADFP*, *PDK4*, *SLC25A20*) (Figure 4), with a main function in fatty acid  $\beta$ -oxidation.

Remarkably, only 16% of the genes in this list contained a predicted or reported PPRE.

To validate our data observed with microarray analyzes a selection of genes changed in the microarray analyzes was also measured with quantitative real time PCR (Q-PCR). In concordance with our microarray results, Q-PCR analyzes resulted in similar changes in expression of all genes analyzed (Figure 5).

#### ${\bf PPAR}\,\alpha\ {\bf regulation\ in\ PBMCs\ during\ fasting}$

Figure 6 shows the genes changed upon 24 hours fasting in healthy human volunteers with the number of genes that contain a PPRE. Comparison of gene expression profiles of PBMCs incubated with the PPAR $\alpha$  ligand WY14,643 and fasted for 24 hours resulted in an overlap of 238 genes, indicating that around 14% of the genes changed during fasting are regulated by PPAR $\alpha$  (Figure 7). Pathway analysis showed that these 238 genes were primarily involved in fatty acid metabolism. We found no overlap in pathways involved in amino acid metabolism. Exploration of the genes involved in fatty acid metabolism showed that fatty acid  $\beta$ -oxidation was specifically regulated, both in WY14,643 incubated cells and in PBMCs isolated after fasting (data not shown)

#### Discussion

In the present study, we showed that activation of the nuclear receptor PPAR $\alpha$  in peripheral blood mononuclear cells results in a considerable change in gene expression profiles, as 10.5% of the genes expressed exhibited altered gene expression levels after incubation with the specific PPAR $\alpha$  agonist WY14,643. The main function of PPAR $\alpha$  in PBMCs appeared to be the regulation of fatty acid  $\beta$ -oxidation and other lipid metabolism related functions, which is in line with results from mice studies in liver [16] and intestine [17], and human cell line studies [18,19]. Moreover, the observed down-regulation of amino acid metabolism has been shown before in liver in studies comparing wild type mice to the PPAR $\alpha$  knock out mouse model [7].

Besides the possible roles of PPAR $\alpha$  in PBMCs, this study also demonstrates strong individual variability between the subjects in gene expression responses to activation with WY14,643. It appears that each donor has its own specific gene expression profile response to PPAR $\alpha$  activation, which results in distinct differences in the expression of certain genes after WY14,643 incubation. Beck *et al.* also reported differences in responsiveness in gene expression between individuals, after incubation of endothelial cells with LPS. However, endothelial cell cultures were already divided beforehand into type I or type II responders based on their LPS mediated IL8 production [20]. In another study, incubation of cultured macrophages with

oxidized low-density lipoprotein resulted in a person-specific inflammatory gene expression response that could be correlated to changes in gene expression of scavenger receptors [21]. However, we did not find a correlation between basal  $PPAR\alpha$  expression or changes in  $PPAR\alpha$  expression and the observed variation in gene expression changes. In addition, the differences observed are probably not caused by the nutritional status of the subjects at baseline, as we did not observe differences in expression

changes of selected PPAR $\alpha$  target genes between the postprandial and the fasted state of PBMCs incubated with WY14,643. However, it should be noted here that only four subjects were studied. A reason for the difference in response of the donors in the first study could be genetic variation, such as single nucleotide polymorphisms (SNPs) in the  $PPAR\alpha$  gene, its target genes or  $PPAR\alpha$  cofactors involved in activation of gene transcription. Furthermore, epi-genetic variation such as methylation status

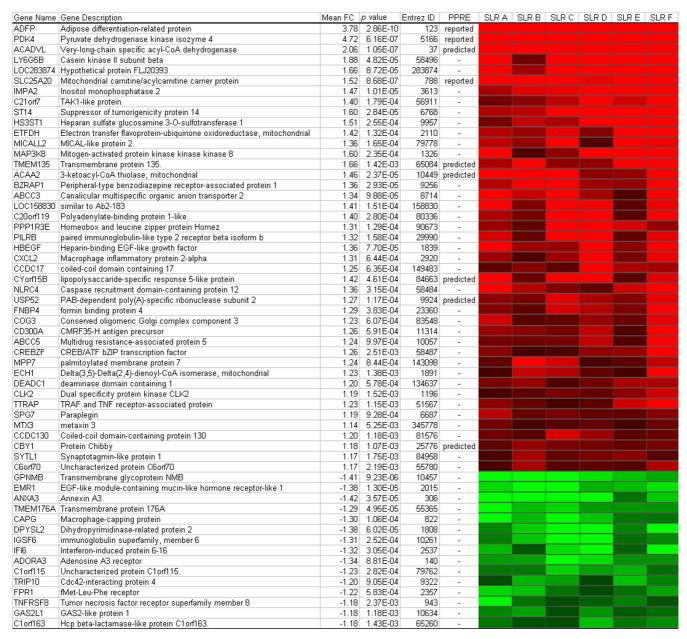


Figure 4

Genes changed more than 10% in all individuals after incubation with WY14,643. Heat map of genes changed more than 10% in all individuals after incubation with WY14,643. Red indicates up-regulation and green indicates down-regulation. SLR, signal log ratio; PPRE, peroxisome proliferator response element

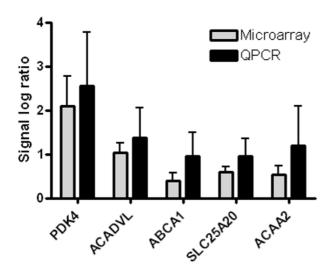


Figure 5
Comparison of microarray and quantitative real time PCR analysis. Mean gene expression changes of microarray and quantitative real time PCR analysis (Q-PCR) of six genes after incubation with WY14,643. Error bars indicated standard deviations. PDK4, Pyruvate dehydrogenase kinase 4; ACADVL, acyl-Coenzyme A dehydrogenase, very long chain; ABCA1, ATP binding cassette transporter 1; SLC25A20, carnitine-acylcarnitine translocase; ACAA2, acetyl-Coenzyme A acyltransferase 2.

of the PPARα promoter or its target genes may have caused between-subject differences in gene expression levels. Additional studies are required to elucidate whether gene expression profiles can be clustered in different response profiles, simplifying the identification of factors responsible for these individual responses. With respect to personalized nutrition these individual responses are of great interest as it can be expected that nutrients such as fatty acids can induce similar variations in response as WY14,643, which in the end might lead to personalized dietary advice.

The PPRE analyzes of the genes changed showed that approximately 8% of the genes changed after incubation with the PPAR $\alpha$  ligand WY14,643 contained a predicted or reported PPRE, using the list as described by Lemay et al [15]. However, Lemay et al. report that they tolerate a low false-positive, and a high (60%) false-negative rate, suggesting that their list of PPREs is far from complete. Our additional transcription factor binding site analysis increase the number of genes that contain a PPRE to a total of 17% of the genes changed. A network search showed that, besides PPAR, five other transcription factors were involved in direct regulation of at least 10 out of the 1,373 changed genes. Interestingly, all these transcription factors are known to be affected by PPAR $\alpha$  activation [22-

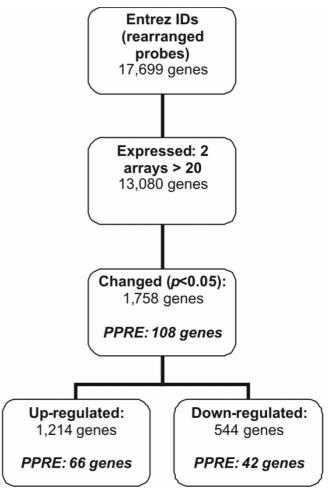


Figure 6
Gene selection procedure after microarray analysis of PBMC of three 24 hour fasted subjects. Flow chart of the followed gene selection procedure after microarray analysis of PBMC of three 24 hour fasted subjects. PPRE; number of genes containing a peroxisome proliferator response element according to Lemay et al. Data from this fasting study was published previously [14], but has been used here after applying a different annotation procedure.

26]. Transcription factor binding site analysis revealed that, out of the changed genes that did not contain a PPRE, 27% contained a binding site for at least one of the other five selected transcription factors These genes appear not to be regulated by PPAR $\alpha$  directly, but indirectly, via these other transcription factors, a mechanism which has been suggested before [27,28]. The role of PPAR $\alpha$  in this respect seems to be extensively larger than expected based on the outcome of PPRE analyzes alone.

An interesting observation is the decrease in expression level of genes containing a PPRE. Activation of PPAR $\alpha$  by a ligand may result in a negative regulation of genes by

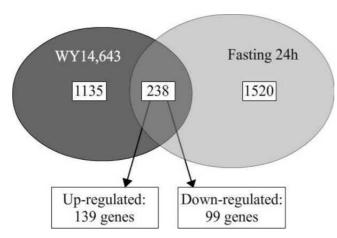


Figure 7
Overlap between genes changed upon WY14,643
incubation and after 24 hours fasting. Venn diagram of overlap between genes changed upon WY14,643 incubation and after 24 hours fasting.

means of transrepression as has been reported in several studies and reviewed by Ricote and Glass (2007) [29]. This transrepression, however, does not require the presence of PPREs in the promoter regions of the target genes. Apparently, negative regulation of these genes, regardless of its mechanism, is stronger than the transcriptional activation of PPAR $\alpha$ . Previously, Degenhardt et al. (2006) also showed down regulation of an insulin-like growth factor-binding protein gene (IGFBP-6) that contained a predicted PPRE, in response to the presence of a PPAR $\alpha$  ligand

The overlap in gene expression profiles between fasting and incubation with WY14,643 shows that PPAR $\alpha$  in PBMCs carries out a substantial part of its function during fasting, when concentrations of its natural ligands, free fatty acids, are elevated in the blood. The main role of PPAR $\alpha$  in PBMCs during fasting is fatty acid  $\beta$ -oxidation, most likely to cope with the reduced availability of glucose for utilization in energy production and the increase of fatty acids.

Direct comparison between the two array analysis should be examined with care, since the two studies are distinctly different in set-up. The fasting intervention study was conducted in vivo, while the WY14,643 incubation experiments were performed ex vivo. Moreover, fasting involves many more changes in physiology, apart from the beforementioned increase in plasma free fatty acids, including changes in plasma insulin, glucose and leptin concentrations. The PPAR $\alpha$  ligand incubations were set-up to elucidate the specific effects of activation of one nuclear factor, controlling for all other parameters.

Summarizing, this study gives us valuable information on the extent of the effect of PPAR $\alpha$  activation, during fasting and in general, on human PBMC gene expression. It also shows that persons respond differently to PPAR $\alpha$  activation with respect to their gene expression changes, indicating a possible person-specific nutrient response. It seems justified to conclude that human PBMCs are a suitable model to study changes in PPAR $\alpha$  activation. This opens up the possibilities for more specific PPAR $\alpha$  signaling studies in healthy humans using these relatively easily obtainable blood cells.

## Methods PBMC incubation

PBMCs from six healthy Caucasian male blood donors, aged between 30 and 48 yr, were isolated directly after arrival of the buffy coat (max. 8 hours after donation) by Ficol-paque Plus density gradient centrifugation (Amersham Biosciences, Roosendaal, the Netherlands). PBMCs were incubated in RPMI1640 medium with 2 mmol/L L-glutamine, 10% fetal bovine serum and antibiotics (penicillin and streptomycin) in the presence of 5% CO<sub>2</sub> at  $37\,^{\circ}$ C. at  $1.0\times10^{6}$  cells per ml with either WY14,643 (50  $\mu$ M) or vehicle (DMSO, 0.1%) for 12 hours. All donors gave full written informed consent.

#### Pre- vs. postprandial incubation

PBMCs of four healthy volunteers, aged between 28 and 34, were isolated after a meal and after an overnight fast. PBMCs were incubated at  $1.0 \times 10^6$  cells per ml with either WY14,643 (50  $\mu$ M) or vehicle (DMSO, 0.1%) for 12 hours. All volunteers gave full written informed consent.

#### Statistical methods

A 2-tailed paired t test was used to determine significant differences in Q-PCR gene expression values between the postprandial and the fasted state. Statistical significance was accepted at p 0.05. All calculations were performed with the use of the SPSS (version 12.0.1; SPSS, Chicago, IL).

#### Microarray processing

For 6 donors of the incubation experiments, total RNA from PBMCs was labeled using a one-cycle cDNA labeling kit (Affymetrix Inc, Santa Clara, CA) and hybridized to Affymetrix Human whole genome U133 plus 2.0 arrays (Affymetrix). Sample labeling, hybridization to chips and image scanning was performed according to the manufacturer's GeneChip Expression Analysis Technical Manual (Affymetrix).

#### Intervention study

For comparison of microarray data of the abovementioned incubation study, with microarray data of PBMC of fasted volunteers, we used the earlier described microarray

data of a 48 hours fasting study [14]. Briefly, four healthy male Caucasian volunteers, between 19 and 22 year of age were fasted for 48 hours. PBMCs were isolated out of blood taken at baseline, after 24 hours and after 48 hours of fasting. All volunteers gave full written informed consent and the study protocol was approved by the medical ethics committee of Wageningen University.

#### Microarray analysis

Microarrays were analyzed using the reorganized oligonucleotide probes as described by Dai *et al* (2005) [31]. Dai *et al*. combined all individual probes for a gene, enabling the possibility to detect the overall transcription activity of a gene, based on the latest genome and transcriptome information, instead of the Affymetrix probe set annotation. Application of this annotation procedure on the previously published data from the 48 hours fasting study [14] resulted in a difference in number of genes expressed and changed as compared to the previously used annotation method as this analysis was performed on probe set level.

Expression values were calculated using the Robust Multichip Average (RMA) method. RMA signal value estimates are based on a robust average of background corrected perfect match intensities and normalization was performed using quantile normalization [32,33]. Only genes with normalized signals higher then 20 on at least two out of twelve arrays were defined as expressed and selected for further analysis. Genes were defined as 'changed' when comparison of the normalized signal intensities showed a p-value lower then 0.05 in a two-tailed paired t test with Bayesian correction (Limma) [34]. Pathway analysis was performed using Ingenuity Pathway Analysis 5.5 (Ingenuity Systems). Array data have been submitted to the Gene Expression Omnibus, accession number GSE11289.

#### PPRE incidence

To indicated which of the genes changed upon activation of PPAR $\alpha$  had a predicted or reported peroxisome proliferator response element (PPRE), we used information from Lemay *et al.* [15]. This paper recently reported predicted PPRE on a genome wide scale, using computational genomics and also summarized known PPRE. Using Genomatix software [35], network analysis was performed on 1,373 genes in BiblioSphere, from which transcription factors were selected that were directly linked to more than 10 genes from our list of changed genes. Subsequent transcription factor binding site analysis identified transcription factor binding sites in the promoters of our genes of interest that were cocited at least once in an abstract with these transcription factors. Heat maps were created by using Spotfire software.

#### cDNA synthesis and quantitative real-time PCR

RNA was reverse transcribed with the use of the cDNA synthesis kit (Promega, Leiden, the Netherlands). Standard quantitative real-time polymerase chain reaction (Q-PCR) was performed with the use of Platinum Taq DNA polymerase and SYBR Green on an iCycler PCR machine (Bio-Rad Laboratories BV) and duplicated at least twice. Primer sequences used in the PCRs were chosen based on the sequences available in PRIMERBANK [36]. Q-PCR data were normalized by measuring cycle threshold ratios between candidate genes and a housekeeping gene, human acidic ribosomal phosphoprotein PO, which was shown to be consistent within PBMCs [37].

#### **Authors' contributions**

MB collected and analyzed the data and wrote the manuscript. LAA an MM participated in critical revising of the manuscript. None of the authors has a personal or financial conflict of interest.

#### **Additional material**

#### Additional file 1

Transcription factor binding site analysis. Presence of transcription factor binding sites in the genes changed in PBMC after incubation with WY14,643. Transcription factors were selected if they directly affected at least 10 genes that were changed after WY14,643 incubation, in a network search using BiblioSphere (Genomatix). FC, fold change; PPRE (Lemay), peroxisome proliferator response element according to Lemay et al. [15]; NFkB, Nuclear factor kappa B binding site; JUN, Jun oncogene binding site; TP53, Tumor protein 53 binding site; SP1, Specificity protein 1 binding site; CTNNB1, catenin beta 1 binding site. Red indicates up regulated, green indicates down regulated

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#### Acknowledgements

The authors would like to thank Mechteld Grootte Bromhaar for conducting the microarray processing. This study was supported by the Dutch Dairy Association (Zoetermeer, The Netherlands).

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